



Diabetes Health Fair

Thursday, November 17 • 6:30- 8:30 p.m. • St. Joseph Medical Center

Want to learn more about:

- Medications
- Insulin
- Meters
- Blood sugar monitoring
- Continuous glucose monitoring
- Foot care
- Eye care
- Exercise
- Nutrition
- Sleep Apnea
- Heart disease and prevention
- Stroke and prevention
- Kidney disease

Whether you're recently diagnosed or have had diabetes for years, this fair is for you. It's **FREE** and open to the public.

Light, healthy refreshments will be served.

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Alex George Auditorium in the
Community Center for Health
and Education

St. Joseph Medical Center
(I-435 and State Line Road)

For more information call
816-943-2389.



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