

FREE SCREENING

PERIPHERAL ARTERIAL DISEASE *Are you at risk?*

Peripheral artery disease, or PAD, refers to deposits of fat and calcium that narrow arteries throughout the body. People with PAD have narrowed arteries in their extremities, (usually the legs) which reduce blood flow to the area and causes pain. In the next five years, one in four patients with peripheral arterial disease will suffer a heart attack, stroke, amputation or death.

WHO IS AT RISK OF PAD?

The risk factors which result in PAD are closely associated with coronary artery disease and heart attack. In fact, people who have PAD very often have heart disease as well, whether they know it or not.

WHO SHOULD BE SCREENED?

You should be screened if you meet one or more of the following criteria:

- If you are 65 years and older, Medicare patients should consider yearly exam.
- If you are 55 years and older with one of the following risk factors:
 - Abnormal cholesterol
 - Stroke
 - Heart disease
 - Diabetes
 - High blood pressure
 - Family history of high cholesterol, high blood pressure, or PVD
 - If you have kidney disease and are on dialysis
 - If you smoke
- Any adult with symptoms of PAD
 - Painful cramping legs
 - Achiness
 - Fatigue



**CALL TODAY
TO SCHEDULE AN
APPOINTMENT
913-596-7237**

Early detection and treatment of PAD can help prevent serious disease.

 **Providence Medical Center**

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